

ALLERGENS CONTENT IN INGREDIENTS

17/09/2021

At Barburrito, we take allergies and dietary requirements seriously. If you have a food allergy or intolerance, please let your server know before you order.

This guide explains the allergens that are specifically contained in our food recipes. However, please note that our dishes are prepared in a busy kitchen where allergens are present and some of the ingredients are made in factories where allergens are used and handled. As such, we cannot guarantee our dishes are 100% allergen-free.

1. MEAL BASE

FLOUR TORTILLA WRAPS **GLUTEN (WHEAT)**
LIME RICE **SULPHITES**
BROWN RICE **CELERY**
PINTO BEANS
BLACK BEANS
GF CHEESE SAUCE **MILK MUSTARD**
MUSHROOMS **SULPHITES**
ONIONS/PEPPERS

2. MAIN FILLINGS

GRILLED CHICKEN **SOYA**
SHREDDED PORK
SHREDDED BEEF
DICED CHORIZO **MILK**
THIS ISN'T CHICKEN **SULPHITES SOYA CELERY**

3. COLD TOPPINGS

GUACAMOLE **SULPHITES**
PICO DE GALLO (MILD) **SULPHITES**
RANCHERA (MEDIUM) **SULPHITES**
CHIPOTLE (HOT SALSA) **SULPHITES**
JALAPENOS
CHEESE **MILK**
SOUR CREAM **MILK**
VEGAN SLAW **SULPHITES MUSTARD**
LETTUCE/SPINACH
PICKLED ONIONS **SULPHITES**
OMEGA SEEDS
EDAMAME BEANS **SOYA**
SEASONAL SALSA **SULPHITES**

4. SIDES

TORTILLA CHIPS
CHICKEN WINGS
FRIES

5. OTHER INGREDIENTS

SRIRACHA SAUCE
BBQ SAUCE
GARLIC MAYONNAISE **MUSTARD SULPHITES**
CHILLI/OREGANO FRIES SALT **MUSTARD**
CHIPOTLE MAYONNAISE **MUSTARD SULPHITES**
KETCHUP **CELERY MUSTARD**

6. LIMITED EDITIONS

SWEET CHILLI CHICKEN **SOYA**
GF CHICKEN STRIPPERS
PIRI PIRI CHICKEN **MUSTARD SOYA CELERY EGG**
KATSU CHICKEN **MUSTARD SOYA SESAME SEEDS**
JERK CHICKEN **MUSTARD SOYA**
PIGS IN BLANKETS IN GRAVY **GLUTEN (WHEAT) SULPHITES**
THIS ISN'T KATSU CHICKEN **SULPHITES SOYA CELERY MUSTARD SESAME SEEDS**

7. DESSERTS

CARAMEL SAUCE **MILK SOYA**
CHURROS/WAFFLES **GLUTEN (WHEAT)**
CHOCOLATE BROWNIE **SOYA MILK EGG SULPHITES**
MINI DOUGNUTS **GLUTEN (WHEAT) EGG MILK SOYA**
VEGAN CHOCOLATE SAUCE **SOYA**
VEGAN BROWNIE **SOYA**